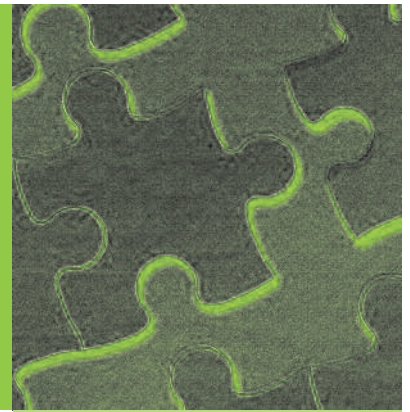


# EMBRACE

Newsletter of the Embrace Project: Acting together on alcohol, children, families and domestic abuse



## Resources Supplement 3:

We will be producing updated issues of the Embrace Resources Supplement on a regular basis, and you may want to collect these as a resource for your work.

### Alcohol Concern Resources

#### Alcohol and Domestic Violence Factsheet

Galvani, S. (2004), UK. *Grasping the nettle: alcohol and domestic violence.*

This paper provides an overview of the association between alcohol and domestic violence and examines the implications for policy and practice. The factsheet can be purchased online from Alcohol Concern or a summary can be downloaded at:

<http://www.alcoholconcern.org.uk/servlets/doc/1331>

#### Toolkits for professionals working with children whose parents misuse alcohol

A range of toolkits are available on the Alcohol Concern website. Each toolkit has been designed for specific professional groups in social work, in primary care, in education and in alcohol services. These can be downloaded from Alcohol Concern's Alcohol and Families website: <http://www.alcoholandfamilies.org.uk/toolkits.htm>

#### Supporting problem drinking parents: training and resources

Training materials for alcohol professionals, briefings and good practice guidelines on working with parents who misuse alcohol can be downloaded from Alcohol Concern's Alcohol and Families website: <http://www.alcoholandfamilies.org.uk/parenting.htm>

#### Keeping it in the Family: Growing Up with Parents who Misuse Alcohol

This briefing paper produced by Alcohol Concern looks at the impact of parental alcohol misuse on children. Children and young people often become "young carers" for the problem drinking parent, taking on practical and emotional caring responsibilities that would normally be expected of an adult. Alcohol Concern and The Princess Royal Trust for Carers call for a national strategy to support young carers of alcohol misusing parents.

<http://www.alcoholconcern.org.uk/servlets/doc/1309>

### Children and Families Resources

#### Working with the Children and Families of Problem Alcohol Users: A Toolkit

This toolkit was developed by the Mental Health Research and Development Unit to provide guidance on developing and delivering services to children and families who are affected by substance misuse. The toolkit will be of use to: alcohol services, health and social care services, adult and child mental health services and any other

If you would like any information, events or developments included in future editions of the Embrace newsletter please Email: Christine Toft at: [ctoft@alcoholconcern.org.uk](mailto:ctoft@alcoholconcern.org.uk) or Tel: 020 7264 0527. Web: [alcoholconcern.org.uk](http://alcoholconcern.org.uk)

charitable organisation interested in, or in the process of, developing a service for children and families who are affected by substance misuse.

To download a copy of the toolkit, please visit:

<http://www.bath.ac.uk/health/mhrdu/adf/toolkit.html>

### **The 5-step self-help programme**

An online self-help programme offering support to family/network members whose relatives have an alcohol or drug problem: <http://www.alcoholdrugsandfamilies.nhs.uk/>

### **The Child Health Strategy**

Healthy lives, brighter future: the strategy for children and young people's health can be found at:

[http://www.dh.gov.uk/en/Publicationsandstatistics/PublicationsPolicyandGuidance/DH\\_094400](http://www.dh.gov.uk/en/Publicationsandstatistics/PublicationsPolicyandGuidance/DH_094400)

### **Every Child Matters**

This is the Government's programme for a national framework to support the 'joining up' of children's services.

**Working Together to Safeguard Children** sets out how individuals and organisations should work together to safeguard and promote the welfare of children.

[www.everychildmatters.gov.uk/workingtogether](http://www.everychildmatters.gov.uk/workingtogether)

### **Adult Drug Problems, Children's Needs: Assessing the impact of parental drug use**

by Di Hart and Jane Powell  
This toolkit in the NCB's Care Matters series supports practitioners in their work with families where parental drug misuse leads to concerns about children's welfare.

<http://www.ncb.org.uk>

### **National Treatment Agency's guidance on user and carer involvement**

<http://nta.nhs.uk/publications>

### **NSPCC toolkit to protect children and young people**

[http://www.nspcc.org.uk/inform/trainingandconsultancy/consultancy/cst/tool/toolkit\\_wda47804.html](http://www.nspcc.org.uk/inform/trainingandconsultancy/consultancy/cst/tool/toolkit_wda47804.html)

### **Rory**

This is a learning resource developed by Alcohol Focus Scotland. It is in the form of an age appropriate story book and tackles the issue of harm caused to children because of parental alcohol problems. [http://www.alcohol-focus-scotland.org.uk/leaflets\\_publications/rory\\_storybook](http://www.alcohol-focus-scotland.org.uk/leaflets_publications/rory_storybook)

### **NSPCC Seeing and Hearing the Child: Rising to the Challenge of Parental Substance Misuse**

**DVD and CD-Rom:**

[www.nspcc.org.uk/learningresources](http://www.nspcc.org.uk/learningresources)

### **The Good Childhood Inquiry**

This is the UK's first independent national inquiry into childhood. The lifestyle theme covers a variety of issues ranging from diet, technology and consumerism to alcohol, drugs and sex. [http://www.childrenssociety.org.uk/all\\_about\\_us/how\\_we\\_do\\_it/the\\_good\\_childhood\\_inquiry/1818.html](http://www.childrenssociety.org.uk/all_about_us/how_we_do_it/the_good_childhood_inquiry/1818.html)

The Scottish Network for Alcohol Practitioners for the Young (SNAPY) was launched on 3 March. For further information email [snapy@alcohol-focus-scotland.org.uk](mailto:snapy@alcohol-focus-scotland.org.uk)

## **Domestic Abuse Resources**

### **Stella Project Toolkit**

This toolkit provides practitioners and service managers working with domestic violence and substance misuse issues with the basic knowledge and skills required to respond to service users safely and appropriately. It also provides sample policy documents, assessment forms and safety plans. The Stella Project Toolkit can be purchased online or downloaded at:

[http://www.gldvp.org.uk/C2B/document\\_tree/ViewACategory.asp?CategoryID=154](http://www.gldvp.org.uk/C2B/document_tree/ViewACategory.asp?CategoryID=154)

### **Camden Domestic Violence Forum (2007) Refining the Routes: Domestic Violence and Substance Misuse: Policies, Procedures and Protocols for Partnership Working in Camden.**

A practical guide to partnership working to tackle multiple complex issues holistically to promote safety, success in treatment and better outcomes for clients experiencing domestic violence and substance misuse. Available online at:

[http://www.camden.gov.uk/ccm/cms-service/stream/asset/?asset\\_id=506789](http://www.camden.gov.uk/ccm/cms-service/stream/asset/?asset_id=506789)

### **UK Gold Book 2007/08**

Directory for refuge and domestic abuse services. With over 450 entries, the UK Gold Book is an essential reference tool for professionals and agencies working with survivors of domestic violence. Cost: £25 [info@womensaid.org.uk](mailto:info@womensaid.org.uk)

### **A list of UK refuges that accept women with problematic substance use can be downloaded on the Stella website:**

[http://www.gldvp.org.uk/C2B/document\\_tree/ViewACategory.asp?CategoryID=104](http://www.gldvp.org.uk/C2B/document_tree/ViewACategory.asp?CategoryID=104)

### **Women's Aid The Survivor's Handbook**

[www.womensaid.org.uk/domestic-violence-survivors-handbook.asp](http://www.womensaid.org.uk/domestic-violence-survivors-handbook.asp)

### **Hidden Hurt – Domestic Abuse Information**

A UK-based abuse information and support site [www.hiddenhurt.co.uk](http://www.hiddenhurt.co.uk)

### **Barnardos – research assessing the risks to children from domestic violence**

[www.barnardos.org.uk/research/documents/Assessing\\_the\\_risks\\_to\\_children\\_from\\_DV.pdf](http://www.barnardos.org.uk/research/documents/Assessing_the_risks_to_children_from_DV.pdf)

**Factsheet 17: Domestic Violence** for parents and children looks at effects on children

[www.rcpsych.ac.uk/mentalhealthinfoforall/mentalhealthandgrowingup/17domesticviolence.aspx](http://www.rcpsych.ac.uk/mentalhealthinfoforall/mentalhealthandgrowingup/17domesticviolence.aspx)

**Talking to My Mum: A Picture Workbook for Workers, Mothers and Children Affected by Domestic Abuse** by

Catherine Humphreys, Ravi Thiara, Audrey Mullender, Agnes Skamballis. 2006 Jessica Kingsley Publishing

**The Hideout** is the first national website to support children and young people living with domestic abuse, or those who may want to help a friend.

[www.thehideout.org.uk](http://www.thehideout.org.uk)

**Simple Free Law Advisor – effects of domestic violence on children**

[www.sfla.co.uk/violencechildren.htm](http://www.sfla.co.uk/violencechildren.htm)

**Understanding what children say about living with domestic violence, parental substance misuse or parental health problems**

[www.jrf.org.uk/node/1146](http://www.jrf.org.uk/node/1146)

**Advice for male victims of domestic abuse**

<http://www.mensadviceline.org.uk>

**Guidelines on working with male victims of domestic abuse – Nottigham Domestic Violence Forum has produced guidelines.** Email Damian for a copy:

[damian@ndvf.co.uk](mailto:damian@ndvf.co.uk)

**Relate - Good Practice guidance handbook**

As part of its Bridging to Change programme, Relate has produced this handbook for Relate Centres wishing to develop domestic violence and abuse prevention programmes (DVA-PP). **You can download the guidance at** [http://relate.org.uk/Documents/dva\\_handbook.pdf](http://relate.org.uk/Documents/dva_handbook.pdf).

**NHS guidance on domestic abuse**

As a response to the DV Crime and Victims Act (2004), The Department of Health developed a publication, **'Responding to domestic abuse: A handbook for healthcare professionals'** in 2005. Recognising that success relies on a positive multi-agency approach, this handbook highlights their responsibility in reducing the harm domestic abuse (DA) has on the community. Earlier identification and intervention recognises that in many cases DA starts or increases in pregnancy, and that health care professionals are often a first access point for victims/survivors who disclose.

This is an excellent resource for all services working with domestic abuse and has sections focusing on practical guidance, policy makers and managers, record keeping as well as sample safety planning and risk assessment forms. At the back of the book is an extensive contact/resource list, as well as useful websites for your information. You can download this handbook from [www.dh.gov.uk](http://www.dh.gov.uk)

**Leaflets and Posters**

Women's Aid have produced a number of leaflets on domestic violence issues such as health, legal rights and children. Also available is an alcohol and domestic violence poster: *"A relaxing drink or blocking it all out...What do you*

*see?"* These can be ordered online:

<http://www.womensaid.org.uk/page.asp?section=0001000100140004&itemTitle=Posters>

**Journal Articles**

**Identifying the role of families within treatment**

A report produced for ADFAM by Madill Parker Research and Consulting which explores the possibilities of improving treatment outcomes through increased support for families involved in drug and alcohol misuse. The report is available online at:

<http://www.adfam.org.uk/docets/Identifying%20the%20role%20of%20families%20within%20treatment.pdf>

**Galvani, S (March 2007) Safety in numbers? Tackling domestic abuse in couples and network therapies, Drug and Alcohol Review, 26, 175-181.**

This article looks at potential safety issues raised by family, network or couple-based interventions where there is evidence of domestic abuse and offers a number of suggestions for how network therapies can remain safe.

**Velleman, R. and Templeton, L. (2007) Understanding and modifying the impact of parents' substance misuse on children. Advances in Psychiatric Treatment (2007), vol. 13, 79–89 doi: 0.1192/apt.bp.106.002386**

This article provides an overview of the literature on the potentially negative impact on children of growing up with a parent who has an alcohol or drug problem, the risk factors that can exacerbate this effect, and resilience and the protective factors that can reduce it. It outlines ways that practitioners can intervene to reduce risk and to increase resilience.

**Lancet series on child maltreatment**

[http://www.thelancet.com/journals/lancet/article/PIIS0140-6736\(08\)61709-2/fulltext](http://www.thelancet.com/journals/lancet/article/PIIS0140-6736(08)61709-2/fulltext)

**Useful links**

<http://www.adfam.org.uk/index.php>

Adfam is the leading national organisation working with and for families affected by drugs and alcohol.

<http://www.encare.info/>

European Network for Children Affected by Risky Environments within the Family (ENCARE) provides information and resources for professionals across the EU who want to understand more about children living with parental alcohol misuse and domestic violence.

<http://www.ginascotland.org.uk/index.html>

The Gender Issues Network on Alcohol (GINA) focuses on women and alcohol issues. The network is designed to provide information, support and assistance to all its members.

<http://www.carers.org/professionals/young-carers/>

The carers professionals website has produced guidance for professionals working with young carers. Young carers are children who look after someone in their family who has an illness, disability, mental health problem or substance misuse problem.

<http://www.nacoa.org.uk/>

The National Association for Children of Alcoholics (NACO) was set up to address the needs of children growing up in families where one or both parents suffer from alcoholism. It offers information, advice and support to children of dependent parents and to professionals working with children of dependents.

<http://www.womensaid.org.uk/>

Women's Aid is the key national charity working to end domestic violence against women and children. The website contains lots of useful information and resources on domestic abuse.

<http://www.respect.uk.net/>

Respect is the UK membership association for domestic violence perpetrator programmes and associated support services. Their aim is to increase the safety of those experiencing domestic violence through promoting effective interventions with perpetrators

<http://www.refuge.org.uk>

Refuge is the UK's largest single provider of safe accommodation and support to women and children escaping domestic violence

[www.alcoholandfamilies.org.uk](http://www.alcoholandfamilies.org.uk)

Alcohol Concern parenting project

[stars-project@childrenssociety.org.uk](mailto:stars-project@childrenssociety.org.uk)

For children affected by parental substance misuse

[www.alcoholdrugsandfamilies.nhs.uk](http://www.alcoholdrugsandfamilies.nhs.uk)

<http://www.caada.org.uk>

Information about MARACs (Multi-Agency Risk Assessment Conference). The main aim of the MARAC is to reduce the risk of serious harm or homicide for a victim and to increase the safety, health, and wellbeing of victims – adults and children.

<http://www.homeoffice.gov.uk/domesticviolence>

The Home Office website's dedicated section on domestic violence

[www.swalcdrgs.com](http://www.swalcdrgs.com)

The British Association of Social Workers' special interest group on substance misuse. This group is chaired by Dr Sarah Galvani.

[www.corporateallianceuk.com](http://www.corporateallianceuk.com)

The Corporate Alliance Against Domestic Violence is an alliance of employers who aim to raise awareness of and take action to reduce the human and economic impact of domestic violence in the workplace.

<http://www.rip.org.uk/elearning/index.asp>

This site contains e-learning modules on issues such as parental drug misuse; domestic abuse and child abuse; evaluating research; child protection

[lbgforum@gldvp.org.uk](mailto:lbgforum@gldvp.org.uk)

LGBT Forum - working with lesbian, gay and transgendered communities

[http://www.bbc.co.uk/relationships/domestic\\_violence/index.shtml](http://www.bbc.co.uk/relationships/domestic_violence/index.shtml)

Page from the BBC's Hitting Home site

<http://www.broken-rainbow.org.uk>

Supports lesbian, gay, bisexual and transgender people experiencing domestic violence

[Gldvp\\_frontlinechildrensworker@yahoogroups.co.uk](mailto:Gldvp_frontlinechildrensworker@yahoogroups.co.uk)

Children's DV workers group

<http://www.ashianahelp.org.uk>

Ashiana is an Asian Women's Refuge providing safe accommodation for women & children while they think about their options and decide what they want to do how they are going to rebuild their lives.

## Children's Organisations

[www.nspcc.org.uk](http://www.nspcc.org.uk)

[www.actionforchildren.org.uk](http://www.actionforchildren.org.uk)

[www.ncb.org.uk](http://www.ncb.org.uk)

[www.barnardos.org.uk](http://www.barnardos.org.uk)

[www.childrenssociety.org.uk](http://www.childrenssociety.org.uk)

## Helplines

**National Domestic Violence Helpline: 0808 2000 247**

Free phone 24 hr run in partnership between Women's Aid and Refuge

**NSPCC 24hr child protection helpline: 0800 800 500**

Email: [Helpline@nspcc.org.uk](mailto:Helpline@nspcc.org.uk)

**Men's Advice Line Helpline: 0808 801 0327**

**Broken Rainbow: 08452 604460**

Broken Rainbow supports lesbian, gay, bisexual and transgender (LGBT) people experiencing domestic violence. Operates 9am-1pm and 2pm-5pm Monday to Friday

**Respect: 0845 122 8609**

**Childline: 0800 1111**

**Disclaimer: Please be aware that the resources in this supplement are in no way endorsed or quality assured by Alcohol Concern.**

